

Hip fracture care in Australia

11 September 2023

Hip fracture is a debilitating injury mostly occurring in people aged over 65 years. The revised **Hip Fracture Clinical Care Standard** will improve outcomes for patients and reduce their risk of another fracture.

NATIONAL DATA

Each year
19,000
people present
with a hip fracture



1 in 4
people with a hip fracture
die within a year

Aboriginal and Torres Strait Islander people
are more likely to have a hip fracture.



Men are **50%** and
women **26%** more likely
compared with non-
Indigenous Australians

Hip fractures cost the
health system



\$595
million
in 2019-20

HOSPITAL CARE IN 2022



78%
of patients had
surgery within
48 hours

Hospitals' average time
to surgery varied from

16 to 92
hours



Only 45%
of people walked
on the first day
after surgery



Only 32%
of people left
hospital on bone
protection medication



Source: ANZHFR Annual Report 2023

KEY CHANGES IN THE 2023 STANDARD

- 1 SURGERY IN 36 HRS**
Time to surgery reduced from 48 to 36 hours of presenting at any hospital.
- 2 MULTIDISCIPLINARY CARE**
Identify and manage malnutrition, frailty and delirium.
- 3 PAIN MANAGEMENT**
Offer a 'nerve block' injection in the groin to provide fast pain relief.
- 4 CULTURAL SAFETY**
Better communication to ensure First Nations people receive safe and equitable care.

FIND OUT MORE AT: safetyandquality.gov.au/hipfracture-ccs