AUSTRALIAN COMMISSION ON SAFETY AND QUALITY IN HEALTH CARE



Hip fracture care in Australia

11 September 2023

Hip fracture is a debilitating injury mostly occurring in people aged over 65 years. The revised **Hip Fracture Clinical Care Standard** will improve outcomes for patients and reduce their risk of another fracture.

NATIONAL DATA



people present with a hip fracture



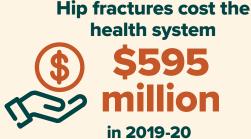
people with a bin fracture

people with a hip fracture die within a year

Aboriginal and Torres Strait Islander people are more likely to have a hip fracture.



Men are 50% and women 26% more likely compared with non-Indigenous Australians



HOSPITAL CARE IN 2022



78% of patients had surgery within 48 hours Hospitals' average time to surgery varied from

16 to 92 hours

Only 45% of people walked on the first day after surgery



Only 32% of people left hospital on bone protection medication



Source: ANZHFR Annual Report 2023

KEY CHANGES IN THE 2023 STANDARD

SURGERY IN 36 HRS Time to surgery reduced from 48 to 36 hours of presenting at any hospital.

2 MULTIDISCIPLINARY Identify and manage malnutrition, frailty and delirium. **3** PAIN MANAGEMENT Offer a 'nerve block' injection in the groin to provide fast pain relief.

4 CULTURAL SAFETY Better communication to ensure First Nations people receive safe and equitable care.

FIND OUT MORE AT: safetyandquality.gov.au/hipfracture-ccs